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Aging

U.S. Department of HEALTH, EDUCATION, and WELFARE

No. 24 -- July 1956

Federal-State Conference on Aging

Groundwork was laid for closer cooperation between the States and the Federal Government in the aging field by the 3-day Federal-State Conference on Aging held in Washington, D.C. June 5-7. The Conference was sponsored by the Federal Council on Aging and the Council of State Governments. Representatives appointed by the Governors of 41 States and from Hawaii and Puerto Rico met with various officials of the Federal Government to explore the whole field of government responsibility in aging and to discuss concrete methods and objectives.

The Conference represented the first major project of the Federal Council on Aging which was established by President Eisenhower last April. Membership in the Council consists of top level officials of a dozen Departments or Agencies of the Government which have programs in any way related to the aging challenge. Its Chairman is Roswell B. Perkins, Assistant Secretary of the Department of Health, Education, and Welfare.

Presiding over the first general session of the Conference was Frank Bane, Executive Director of the Council of State Governments. The White House was represented by the Hon. Howard Pyle, Deputy Assistant to the President, who welcomed the delegates to the meeting. The opening address was delivered by Governor Robert B. Meyner of New Jersey, and former Governor Robert D. Blue of Iowa presided over the closing session. The principal speaker at the Tuesday night dinner meeting was Under Secretary of Labor, Arthur Larson. The closing address was delivered by the Hon. Marion B. Folsom, Secretary, Department of Health, Education, and Welfare.

The panel participants were experts who covered the many and complex problems in-

volved with a refreshingly direct and practical approach. To permit the maximum interchange of ideas in all various aspects of aging, the Conference was organized in five general panel sessions, after each of which the delegates broke up into small working groups to discuss the specific topic of the preceding panel. The third day the working groups reassembled to discuss their own assigned areas in the light of the total picture as developed in the earlier panel and group discussions, and to make appropriate recommendations for State and Federal action.

In outlining the mechanism and purpose of the Conference, Mr. Perkins said that he hoped the delegates would find the answers to three questions on each major topic: What is the nature and scope of the problem? What are the State Governments doing about it and what should they be doing? What are the resources and activities of the Federal Government relative to the problem, and how can they be improved?

Particular emphasis was laid on the Panel V discussions (State Organization and Functions) as they related to the entire conference: How can a State Government or the Federal Government best organize to bring all its resources to bear on the special needs and problems of older persons? How should the Federal Government and the States work together in the field of aging, and how can Federal-State cooperative relationships in this field be improved?

No comprehensive summary of the speeches, panel and group discussions is possible in the limited space available, and a full report of the Conference will be published at a later date. But undoubtedly one of the high points was the dinner address of Mr. Larson who gave a preview of some of

the research being conducted by the Department of Labor.

For the most part discussion throughout the Conference was specific and to the point and addressed to the questions set forth by Mr. Perkins. The group reports at the last session were particularly illuminating and included nearly 50 recommendations for action at either State or Federal level.

The conclusions of the discussion groups, while presented in oral reports to the Conference, were not offered for adoption by the Conference and no floor votes were taken. Minority views were not formally expressed, it being understood that the reports were not binding on anyone.

State Organization and Functions. The discussion group in this area concluded that each State should set up an interdepartmental committee or a citizens committee or a combination of the two. "Vital to the success of any such action," the working group conclusion read, "would be the direct involvement of the Governor, either personally or through the appointment of a special assistant." The successful utilization of this procedure in New York State was cited.

The group also advocated the establishment of a joint committee of the Federal Council on Aging and the Council of State Governments as an "additional facility for communication and cooperative consultation."

Among other things, the Federal Government was urged to review its existing grants-in-aid programs to permit use of Federal funds to support programs which related specifically to the welfare of older citizens. States were requested to review salary policies in respect to public welfare workers. State and local agencies of government were asked to help develop full-time activity centers and counseling services. And emphasis was placed on extending all services to older people to include not merely recipients of public assistance but "the individual with needs beyond the money payment."

In Employment, the conclusions called for the development of counseling and placement services by specialized personnel in public employment offices, development of job opportunities, education or rehabilitation facilities for workers needing them, and a broad program of education to persuade employers "to ensure the employment and retention of older persons in employment so long as they are able and willing to work." Continued intensive research by the Federal Government was urged to provide more facts about the physical capacities and performance records of older workers and other matters.

In Income Maintenance, the broadening of OASI was stressed; also the expansion of private pension plans and of voluntary health

insurance programs to make benefits more widely available to older workers. It was suggested that public assistance payments should be kept realistic in the event of changes in the cost of living, residence requirements removed, and States urged to include comprehensive medical care for those able to meet only their own maintenance needs.

In Health, it was recommended that Federal, State and private agencies provide grants-in-aid for demonstration health services for the aging, and for research. It was suggested that funds should be provided to permit medical schools and universities to develop programs for the teaching of basic concepts essential to the care of the aged. Provision of essential services for the care of the aged and chronically ill and disabled, wherever possible in their own homes and communities, was urged. And training schools and facilities, the group thought, should be expanded to alleviate personnel shortages.

In Education and Recreation, the Federal Government was asked to provide personnel for the Department of Health, Education, and Welfare's Office of Education sufficient to develop effective education in later maturity in association with State public school systems and other institutions and organizations. The establishment of a Federal Recreation Service, and of State recreation agencies, was recommended. Similar activities were urged on the local community level. The States were also asked to make adequate training opportunities available for volunteer and staff workers with older adults.

The Housing group came up with 16 recommendations. Most of the housing legislation for the aging then before the Congress was endorsed, as was the President's request for the extension of the Federal Hospital Survey and Construction program. Emphasis was placed on the development of community services to enable older people to remain in their own homes, and also on the integration of such services with public housing projects. Private enterprise was urged to take advantage of the liberalized FHA legislation (if enacted) to build small, suitably designed houses. Governors of States where official aging committees do not exist were urged to call together representatives of public, private, and voluntary agencies to study the housing problem. And the Federal Council on Aging was asked to compile and publish a directory of general information on housing facilities available for older people.

A full report on the Conference will be published at a later date and distributed to all participants. Others may secure copies by writing to the Federal Council on Aging, Department of Health, Education, and Welfare, Washington 25, D. C.

Cincinnati: From Trial Run to Permanent Program

The effectiveness of a coordinating agency in stimulating and developing a variety of services and programs for the aging is shown by a Cincinnati program operating over a five-year span.

Growing out of considerable community interest, a Community Council on Aging with an active and continuing program was established in 1951 with financial assistance from the Junior League during the exploratory period. During that year some 8 senior citizen's clubs sprang into being, mostly in downtown settlement houses. Now there are 31 such neighborhood clubs including those located in sixteen suburbs. By 1955 a Day Center for Older People, staffed by the Cincinnati Public Welfare Commission and operating from 10 AM - 3 PM on Monday, Wednesday, and Friday of each week was opened with plans underway for establishing another early in 1956.

Other recreational and educational activities have included annual picnics and hobby shows, a senior citizen's art class, and the publication of a periodical entitled Our Mirror, an interclub magazine designed to keep centers informed on activities in each. A directory of clubs is also published. To improve the quality of group leadership, two workshops of leaders to exchange program ideas are held each year and a manual for group leaders containing program ideas is published.

The basic principle on which the Community Council on Aging has operated has

been to make the planning of services to older people an integral part of total community planning. To this end the Council has established joint committees with representation from other programs, and members of the Council have served with other civic groups and private agencies to develop special aspects of the program.

A variety of activities is taking place in the field of health care and social services. A Committee on Friendly Visitors, established in 1951 and made up of representation of the Community Council on Aging and the Central Volunteer Bureau, developed 1) methods and standards for the Friendly Visitor program, 2) a recruitment brochure entitled "Somebody Old and Lonely Needs You," and 3) orientation courses for newly recruited visitors. By the end of 1955 an active corps of 115 Friendly Visitors were serving the clients of 6 agencies and institutions. A Citizen's Committee on County Home Issue, to which the director of the Council gave full-time service for 5 weeks prior to the election, achieved the passage of a \$3,000,000 bond issue to replace an old County Home building. The vote was 69.5 percent favorable to the issue. A Committee on Nursing Homes has developed a proposed draft of an ordinance to regulate nursing and boarding homes, and hearings are underway.

The Legislation Committee of the Council, on the basis of a survey of assistance programs in several other states, prepared recommendations to improve public assistance legislation for introduction into the 1953 and 1955 sessions of the General Assembly. The 1955 Legislature enacted changes in aid for the aged.

In two other areas--housing and employment--in which committees have recently been formed some, though less substantial, progress has been made. A Joint Committee on Housing for the Aged, made up of representatives of the Community Council on Aging and the Better Housing League and staffed by the latter has 1) designed a model cooperative apartment project for a group of retired teachers, 2) provided consultant service and reference materials to several groups, and 3) advised a local agency on tentative plans for a residence hall. An employment committee has been reactivated.

Mrs. Dorothy C. Lawson served as full-time director of the program from its inception until this year (when she migrated to Tampa). Further information may be obtained from William Walton, Community Health and Welfare Council, 312 W. Ninth St., Cincinnati 2.

New Publications of the D/HEW Committee on Aging

The States and Their Programs in Aging: a Descriptive Survey of the Organization and Activities of the Official State Groups on Aging. Pp 136. Multilithed. Contains full information on structure, staff personnel and programs of States which have established State commissions or committees on aging.

Publications on Aging--Selected Reports of Federal Agencies. Pp 20. A catalog of 77 reports or pamphlets put out by the various Departments or Agencies of the Federal Government. Issued under the imprint of the Federal Council on Aging.

NOTE: Copies of both these publications may be had, free, by writing to the Committee on Aging, D/HEW, Washington 25, D. C.

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AGING is a medium for sharing information about programs and activities among agencies and organizations in the field, their staffs and board members and other interested individuals. Communications and items suitable for publication should be sent to Clark Tibbitts, Chairman, Committee on Aging, of the Department, Washington 25, D. C.

Subscription: 50 cents a year for 6 issues, domestic; 15 cents addition for foreign mailing; 10 cents for single copy. Send to Superintendent of Documents, U. S. Government Printing Office, Washington, D. C. The printing of this bulletin has been approved by the Director of the Bureau of the Budget, August 13, 1954.

New York State Provides Training for Leaders of Activity Programs

The need for trained leaders of educational and activity programs for older adults becomes increasingly imperative as these programs multiply across the country. For the past two years the Bureau of Adult Education of the New York State Department of Education has been conducting one to two-day institutes for this purpose in Nassau County. This spring, however, at Hofstra College, Hempstead, Long Island, it initiated a full-fledged 12-week training course that other State education departments can profitably investigate.

Of the 48 persons who took the course, about half wished to prepare for potential leadership in activity programs; the other half were already serving such groups and wished to up-grade their skills. During the

course, all trainees are expected to visit and participate in the programs of one or more of the 16 Senior Citizens Clubs for practical on-the-job experience. Upon satisfactory completion of the course the trainees are awarded a certificate by the New York State Education Department.

Co-sponsors of the course are the Nassau County Committee on Leisure Time Activities for Older Adults and the Nassau County Association of Public School Directors of Adult Education.

The workshop is under the general direction of Mrs. Henrietta F. Rabe, Supervisor of Education for the Aging of the Bureau of Adult Education. The roster of leaders conducting the sessions includes an impressive number of some of the most outstanding names in gerontology in the State.

Further information may be obtained from Mrs. Rabe at Albany, New York.

Senior Achievement Inc.

Senior Achievement, Inc. since January has been operating a small plant on Chicago's South Side employing about 25 workers all past their 65th birthday. This is a pilot project of the 3-year-old organization which grew out of a 1953 meeting of Chicago sociologists and industrialists. It is financially backed by Inland Steel Co., Marshall Field & Co., Sears, Roebuck & Co., the Wieboldt Foundation, and others.

The plant turns out such things as wooden footstools, cradles and sandals, and performs various clerical and drafting jobs subcontracted to them by big companies. Work is at a leisurely pace; most employees put in only a six-hour day. Pay is never more than \$100 a month so the extra income won't imperil social security benefits.

For further information write Senior Achievement, Inc., 1029 So. Wabash Ave., Chicago.

International Association of Gerontology

Creation of a Social Science Research Subcommittee of the International Association of Gerontology was recommended by the Governing Body of the Association following the Third International Congress in London. President Sheldon has now announced the formation of the Subcommittee. There are two branches: European, with Dr. H. Friis (Denmark) chairman, Mr. W. A. Sanderson, (England) secretary, and an American, Professor E. W. Burgess, chairman, and Clark Tibbitts, secretary. Additional members of the American branch are: Mr. E. Everett Ashley for Housing, Dr. Solomon Barkin for Labor, Dr. James E. Birren for Psychology,

Dr. Wilma Donahue for Social Gerontology, Professor Robert J. Havighurst for Education, Professor Leo W. Simmons for Anthropology, Dr. Sidney Spector for Political Science, Professor Wilbur J. Cohen for Welfare, and Dr. Seymour Wolfbein for Economics.

Functions of the Subcommittee are to promote international research and exchange of personnel and to develop social science programs for international gerontological meetings.

The Way the Wind Blows

NBC is scheduling a series of 6 half-hour radio programs under the title "Three Score and Five" on Wednesdays, 10:30 to 11:00 P.M., E.D.S.T., July 25 through August 29. Programs will include tape recordings made by various experts on aging at the time of the Federal-State Conference on Aging and will also incorporate some of the findings of the recent report of the Twentieth Century Fund.

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A state-wide meeting of all Golden Age Clubs of New York State was held May 1 as a preliminary for establishing standards for such groups. Sponsored by the Joint Legislative Committee on Problems of the Aging in cooperation with the N. Y. State Association of Councils of Social Agencies. This was just one of the many features of the New York's Senior Citizen Month celebration.

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New York City also celebrated Senior Citizen Month by a one-day Conference, May 15, on "Activity, Education and Recreation for Older People in New York City", sponsored by the Mayor's advisory Committee for the Aged. Conference passed a resolution urging appropriations for more day centers.

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The Waltham (Mass) Housing Project's 24 units have been occupied since January, 7 of them by couples and 17 by single persons. Located in mid-town close to stores and churches, the two-room apartments cost under \$8,000 per unit and rent for about \$42 to \$44 including heat.

Similar housing is nearing completion in New Bedford, Malden, and Worcester. Governor Herter has asked for a second appropriation of \$15 million to double the program.

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Lancaster, Mass. is operating a Well Oldsters' Clinic offering diagnostic service including laboratory and x-ray service. Dr. Eleanor Robbins, Nashoba Health Council, does the examinations assisted by Ayer Hospital, Worcester Sanitarium, and the District Nurse.

Akron General Hospital benefits from the volunteer services given by members of Akron Golden Age Club. Twenty-four men report to the hospital to prepare medical records for micro-filming or for mailing. They have contributed as much as 450 hours of service a month, working from 9 until 3.

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A workshop on Counseling Problems of the Aging held June 11 by the University Extension Service of the University of New Hampshire at Durham attracted 150 people. Topics covered included: educational and vocational advising, employment, family relationship, health and rehabilitation, and living arrangements. Mrs. Helen S. Wilson, Extension Specialist in Problems of the Aging was general chairman.

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The Philadelphia County Board of Assistance has initiated a program of Volunteer Visiting, with a paid supervisor, under a grant from the Philadelphia Foundation to the Health and Welfare Council. Address of the Board is 121 North Broad St.

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A Boston Mass. sales outlet for Golden Ager-made goods did a business of \$145,000 during 1955. The facility is provided by the Women's Educational and Industrial Union at 264 Boylston St. Goods sold must meet competitive prices and high standards of workmanship with the craftsman receiving 75 percent of the sales price. Hope is that local Councils for the Aging will sponsor similar centers throughout the State.

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Saint Louis Social Planning Council has created a staff position in aging. Interested graduates of a Social Work school with 5 years experience in group work may apply to Rudolph Danstedt, Director of the Council, 505 N. 7th Street, St. Louis 1, Missouri.

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Culminating four years of coordinated planning by various agencies and organizations, Columbus, Ohio has recently dedicated its first Senior Citizens Recreation Center at 280 E. Broad St. Designed to accommodate up to 200 persons for lectures, demonstrations, movies, or dancing, membership is open to all over 60 years of age. Activities are scheduled for five days a week.

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Education and the Senior Citizen is to be the subject of a 10-day workshop beginning July 19 at University of California Santa Barbara College. Agenda will include retirement planning, aging as personal opportunity, and development of community programs. Louis Kuplan will lead the workshop. For further information, write to Dr. George C. Mann, Chief, Bureau of Adult Education, 721 Capitol Ave., Sacramento 14.

California's Governor Goodwin J. Knight has announced the appointment of a Citizens Advisory Committee on Aging. Eight citizens with long-time interest in the field of aging will serve with two senators and two assemblymen appointed by their respective houses. The committee will act in an advisory capacity to the Governor, the Legislature, and the State Interdepartmental Committee on Aging and will give assistance to communities in the development of local programs to meet the needs of elderly citizens. Executive Director is Louis Kuplan. Address--722 Capitol Ave., Sacramento 14.

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Retired executives are seen as a "natural resource" in developing new businesses. In New Hampshire two companies, one manufacturing a new kind of electric light socket, the other making plastic tubing for hospital use have been organized because of the interest and energy of two men who recently retired to New Hampshire after active business careers.

For further information write to New Hampshire's Planning and Development Commission at Concord.

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Western Gerontological Society held its Second Annual Meeting at University of Southern California in April. A score of papers brought the members up-to-date on several medical developments, new community programs in California, activities of national and international gerontological groups, and Federal government programs.

Membership of the Society now exceeds 300. President is Louis Kuplan, who received the Society's first annual award for outstanding contribution to the field. President-elect is Oscar Kaplan, San Diego University. Mrs. Clarke Wheeler of Sacramento is Secretary-Treasurer.

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Camp Christopher at Bath, Ohio held a 5-day Golden Years' Camp in June for persons 60 years and over. Conducted by the Catholic Charities Bureau it was open to all regardless of religious affiliation. Program included crafts, boating, swimming, fishing, horseshoes, shuffleboard, movies, talent shows, community singing, square and round dancing. For further information address the Bureau at 1027 Superior Ave., Cleveland 14.

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San Francisco's Community Committee on the Aged conducted an all-day workshop on older person counseling. Workshop followed an inventory of the questions brought by older persons and their families to service agencies. "There is not yet agreement among the agencies", says the report, "on the question of whether such a specialized service should be in the general family service agencies

or in a separate community agency". But see the Los Angeles answer, Aging No. 22, and Boston's (The Age Center of New England) in Aging 23. For more about the workshop, write to Israel Smith, Community Chest, 2015 Steiner St., San Francisco 15.

Books, Pamphlets and Reports

Charter For The Aging, available from the Office of the Special Assistant, Problems of the Aging, State Capitol, Albany, New York, 1955. Pp. 659. \$3.00 (make checks payable to the Commissioner of Taxation and Finance). A unique one volume report of the Governor's Conference on Aging held in Albany October 18-20, 1955. Contains a full record of the papers presented for discussion. Report also outlines a series of recommendations drawn up by outstanding professional and lay leaders in the fields of health, medical care and rehabilitation; mental health; group care of the aged; education and recreation; housing; employment; retirement policy; maintenance of income; university research and teaching; community organization; and the role of religion. Many of these were enacted into law during the Spring session of the legislature.

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North Carolina's three new publications in recreation and aging will have wide usefulness.

Recreation for the Aging in North Carolina is the report of (1) a survey of recreational interests of older people, (2) a survey of experiences and satisfactions of members of recreation groups, and (3) a study of the practices and problems of group organization. The study was done by The Institute for Research in Social Science, University of North Carolina, Chapel Hill, from which single copies are available. Mimeographed, 216 pages.

Recreation for Later Maturity is a 23-page, handsomely printed brochure offered as a guide to development of recreation groups for seniors. Available from the North Carolina Recreation Commission, Education Building Annex, Raleigh.

A Manual of Organization Clubs for Senior Citizens is the third in the series. This is a 31-page printed booklet listing principles, practices, program guides, and reading lists. Like the brochure, it is available from the Recreation Commission at Raleigh.

These three publications coming on top of the North Carolina conferences on Recreation and Aging and the numerous local programs clearly place the State in front rank in this aspect of the field. The research and publications were made possible by the support of 10 insurance companies. Leader of these enterprises has been Professor

Harold D. Meyer (from whom further information may be obtained by writing to Box 1139, Chapel Hill) aided throughout by Director Ralph J. Andrew of the Recreation Commission.

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Problems of Retirement in Industry, published by the Chicago Heart Association in cooperation with the Chicago Association of Commerce and Industry. Pp. 64. 1956. A compilation of abstracted presentations made at the third Heart-In-Industry Conference sponsored by the two organizations. Emphasis is on problems and principles of retirement in general with some discussion on the effect of a heart attack on continued employment. Available from the Chicago Heart Association, 69 West Washington St., Chicago.

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A handsomely illustrated reprint of seven articles from the May 1956 Architectural Record gives a glimpse into the future of homes for the aged. Thoughtful introduction by Lewis Mumford. Various examples of several approaches to congregate living for the aged. Reprints available from National Social Welfare Assembly, Committee on Aging, 345 East 46th St., New York 17.

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Do middle-aged and older workers change jobs more or less frequently than the much sought-for younger workers? The Bureau of Old-Age and Survivors Insurance, Social Security Administration (Department of Health, Education, and Welfare, Washington 25, D. C.) has issued Analytical Note No. 80 which throws some bright light on this question.

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New Hope for the Disabled is the title of a booklet describing the rehabilitation program, including teaching, research, and project grants under the 1954 Amendments to The Vocational Rehabilitation Act. You may obtain a copy by writing to the Office of Vocational Rehabilitation, Department of Health, Education, and Welfare, Washington 25, D. C.

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Adjustment to Retirement in Rural New York State, New York State College of Agriculture, State University of New York, Cornell University, Ithaca. Sums up the advantages and disadvantages of retirement in rural as compared with urban areas. Compares farmers' problems of adjustment with those of the rural aged in other occupations.

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On Being Retired is the title of a charming address delivered by Professor T. V. Smith on the occasion of his retirement from active teaching at Syracuse University. His plans for the future do not include teaching. He will probably be glad to send you a copy if

you address him at the University, Syracuse, New York.

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Belatedly noted, the Journal of Housing for February 1956 has an excellent article on "Housing for the Aged", describing projects in Waltham, Mass; Akron, O; Rochester, N. Y.; Santa Barbara, Cal; and Youngstown, Ariz. Also a highly interesting account of a self-supporting old age home operated by the Hidalgo County, Texas Housing Authority. Single copies \$1.00. Address: 1313 East 60th St., Chicago 37, Ill.

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Gerontology at Hillyer College vividly describes the educational programs in gerontology initiated in 1952 at Hillyer and the development of its services to the industries and senior citizens in Greater Hartford, Conn. Demonstrates how a small college with vigor and imagination can make its influence felt in a great metropolitan center. For a copy write to David C. King, at the College, Hartford, Conn.

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Favorite Foods In Institutions For Aged Persons is a loose-leaf compilation of recipes contributed by California homes for the aged. The number of servings and cost, calories, and protein per serving are given. Available from California Department of Social Welfare, 616 K St., Sacramento 14. 75 cents (no stamps).

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Feeding the Aged, distributed by the Board of Hospitals and Homes of the Methodist Church, 740 Rush St., Chicago. 11. 25 cents. Gives sources of quantity recipes, guides and sample menus for patients on a general diet.

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Future Indicative, an attractive pamphlet issued as a Branch Library Book News for April 1956 (by the New York Public Library, Fifth Avenue and 42nd St., New York 18.) contains an imaginatively selected list of books for older persons. Available from the Library for 20 cents.

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An attractive brochure, Answers for the Aged describes the hospitals and homes program of the Methodist Church. A current directory of the institutions operated by this church group has also been issued. Available from Board of Hospitals and Homes of the Methodist Church, 740 Rush St., Chicago 11.

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Long Beach Senior Citizens Survey is a report of the results of a community study (reported in Aging 17) of the living conditions and needs of persons 65 and over in Long Beach. Pp. 59. 1955. A selected sample of over 600 persons representing 30,000 over 65 and living in the area were interviewed.

If you do not desire to continue receiving this publication, please CHECK HERE ☐ tear off this label and return it to the above address. Your name will then be promptly removed from the appropriate mailing list.

Available from Community Welfare Council, 1213 Cedar Ave., Long Beach Calif. for \$1.00.

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Health and Demography is a set of tables and charts bringing together much useful data on population trends; birth, death, and mortality rates; and labor force participation. A good deal of the material is shown by age groups. Prepared by Dr. Halbert L. Dunn, Chief, National Office of Vital Statistics, Public Health Service, Washington 25, D. C.

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Bulletin of the National Old People's Welfare Council for March 1956 reports promising developments in Great Britain and suggestions useful to American communities. For a copy, write to Miss M. Buche, 26 Bedford Square, London, W. C. 1, England.

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National Directory of Facilities for the Aging. 1956. Pp. 310, offset, published by F. A. Riley & Company, P. O. Box 2501, San Antonio, Texas. \$7.50. This is a painstaking compilation of old-age homes and nursing homes by States and local communities. Lists names and addresses but no other information. The only publication of the sort that, to our knowledge, is currently available.

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The Small Home for the Aged. A 12-page mimeographed description of services and costs in six homes with fewer than 50 residents. Council of Jewish Federations and Welfare Funds, Inc. 165 N. 46th St., New York 36.

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After 60 . . . A new Outlook is the 1955-1956 Annual Report of the San Francisco Senior Center at Aquatic Park. Tells in chatty fashion, of the eighth year of operation of the Center. Gives a clear insight into what makes a center a success.

How To Live 365 Days A Year. By John A. Schindler, M. D. Englewood Cliffs, N. J.: Prentice-Hall, Inc. 1954. \$4.95. Pp. xxviii + 222. Printed 10 times in 16 months, this book explains for lay people how emotional stresses contribute to illness and how one may learn to enjoy every day of his life,--or nearly every day. Author is chairman of the Department of Medicine, Monroe Clinic (Wisconsin) and writes from a lifetime of experience.

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Marketing and Gerontology--an Analysis of the Market Serving Consumers over 65 Years of Age by James H. Brunner of the University of Toledo, is available from University Microfilms, Ann Arbor, Michigan.

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85th Year, the 1955-1956 annual report of the Home for Aged and Infirm Hebrews of New York is a superbly illustrated and moving document which reports on the growth and development of the numerous services, based on bold experimentation, which make this Home exceptional. Starting with four residents in 1871 (it was the first Home established in New York State) it now serves nearly 1000 aging persons through active therapy and through flexible living arrangements including 2 institutional settings, one with apartments in annex, several apartment buildings, and more than 100 private homes. Emphasis is on rehabilitation. This Home spreads "its belief that a home for the aged need not be a place to meet death, but to meet life." Address - 121 W. 105th St., New York City.

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Harian Publications has a new book on California which, like its sister publication on Florida (see Aging 22), is a gold mine of information for retirees. \$2.00. Address Greenlawn, Long Island, N. Y.

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